

Overcoming Worry

Matt 6:25-34

Introduction:

Christian Worry – is something that strikes a blow at God's Love and God's Integrity. Worry declares our heavenly Father to be untrustworthy in His Word and Promises. Worry shows that we are mastered by our circumstances rather than by God's word.

I. Worrying is Unfaithful to Our Master v.25

- a. For believers to worry is to be disobedient and unfaithful to God who is our Master
- b. Worrying is the sin of distrusting the promise and providence of God
- c. We are to be content regardless of the state we find ourselves in Phil 4:11-12

II. Worry is Unnecessary Because of our Father vss. 26-30

- a. As believers we have no reason to worry because God is our heavenly Father
- b. God provides for the birds and gives them life
- c. And because God takes care of the birds, will He not much more take care of His children Ps 37:25

III. Worrying About Longevity v.27

- a. God controls the life of every person
- b. Exercise and eating right can improve the quality and productivity of our lives
- c. But it will not force God into extending our life

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IV. Worrying About Clothing vs. 28-30

- a. Jesus pointed to the surroundings at the flowers to teach them about God's care and provisions
- b. God designed the flowers, clothe them in beautiful colors, Greater than King Solomon
- c. And if God clothes the flowers how much more will He clothe His very own children

V. Worrying is Unreasonable Because of Faith vs 31-33

- a. Worrying is inconsistent with our faith in God and therefore is unreasonable as well as sinful
- b. Christians shouldn't worry like non believers because our heavenly Father will supply all our needs according to His riches in Glory!
- c. A faithful and trusting Christian is not anxious for anything Phil 4:6
- d. Christians have contentment when we seek God first and His righteousness v.33

VI. Worrying is Unwise Because of Our Future v.34

- a. God is the God of tomorrow as well as the God of today and eternity Lam 3:22-23
- b. Some people when they can't find something to worry about today look to the future
- c. But a true Child of God is not worried about today or tomorrow because we know who holds both in His hands.