

“A New Year and a Renewed Mind”

What’s On your Mind Pt. 2 of 2

Matt 6:25-34

Introduction:

Christian Worry – is the sin of distrusting the promise and providence of God. It is a kind of mental and emotional strangulation that believers experience in the absence of trusting God in all things.

“God is Greater than all of our Issues...”

I. The 5 Issues People Want To Leave Behind

- a. Problems 1 Pet 5:7
- b. Self-Doubt 1 Sam 16:7
- c. Failure Ps 73:26
- d. Betrayal Ps 41:9
- e. **Worry** **Matt 6:25-34**

II. Worry is Unfaithful because of Our Master v.25

- a. Christian, worry and anxiety are forbidden, unwise, and sinful
- b. A Christian’s contentment is found in God Phil 4:11-12
 - i. God owns everything Ps 24:1
 - ii. God controls everything 1 Chron 29:12
 - iii. God provides everything – Phil 4:19

III. Worry is Unnecessary because of Our Father vss. 26-30

- a. *Worrying about food – v.26*
 - i. God takes care of a relative insignificant bird will He not take care of His child?

Please Turn Over

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b. Worrying about Longevity v.27

- i. Our culture is obsessed with trying to lengthen life
- ii. Yet God controls the limit of life for every person.
- iii. You can worry yourself to death, but not to life
- iv. The gift of life is a gift from God

c. Worrying about Clothing vss. 28-30

- i. God cloth the grass of the field and is short lived and will die and be burned
- ii. How much more is God concerned to clothe and care for His very own children

IV. Worry is Unreasonable because of Our Faith vss. 31-33

- a. Worry is characteristic of unbelief
- b. A mind that is not centered on God is a mind that has cause to worry
- c. The faithful, trusting, and reasonable Christian is anxious for nothing. Phil 4:6

V. Worry is Unwise because of Our Future v.34

- a. Making reasonable provisions for tomorrow is sensible.
- b. But to be anxious for tomorrow is unwise and unfaithful
- c. God is the God of tomorrow as well as the God of today and of eternity Lam 3:22-23
- d. God promises His grace for tomorrow and for every day thereafter and through eternity