

# **“A New Year and A Renewed Mind”**

## **What’s On your Mind Pt. 1 of 2**

### **Rom 12:2**

#### **Introduction:**

**Freedom of Mind** – is when the Word of God is actively lived out continually in your heart and mind regardless of your circumstances. This guards both from the distractions of the world.

*“We give more power to the issues of our life than we do the God of our life”*

#### **I. Divorcing the Issues in Our life**

- a. Easier said than done
- b. It boils down to how you deal with the issues
- c. If you want to be truly free of them, put your focus on God

#### **II. Four of the 5 Biggest Issues people want to be Free of**

- a. Problems
- b. Self-Doubt
- c. Failure
- d. Betrayal

#### **III. Problems 1 Pet 5:7**

- a. We are to cast our burdens on the Lord
- b. God promises to help us with our struggles Isa 41:13
- c. God is for His people Rom 8:37

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#### **IV. Self-Doubt 1 Sam 16:7**

- a. Too often we don’t see our true value or worth
- b. We put more stock in the opinions or evaluations of others
- c. We forget we are made in the image of God  
Gen 1:26

#### **V. Failure Ps 73:26**

- a. Failure is one of the greatest hindrances to our happiness, joy, and peace
- b. Our failures are one of the tools Satan uses to keep us from focusing on God
- c. God sees our failure differently Prov 24:16a
- d. He helps us get back up

#### **VI. Betrayal Ps 41:9**

- a. Betrayal is never easy to deal with
- b. There are so many hurts that come from it
- c. God has an Answer Matt 6:14-15
- d. It’s not for us to seek revenge Rom 12:19-21

#### **The Charge from God:**

*“Work your schedule around God and Don’t try to work God into your schedule”*

**See Matt 6:33**